



LITHA ALTAR IDEAS

COLOURS : Red, Blue, Green, Yellow

FLOWERS : Oak, Mistletoe, Sunflower, Elderflower, Lavender, Rose

CANDLES : Orange and Yellow to represent the sun

CRYSTALS : Citrine, Sunstone, Tigers Eye, Garnet, Carnelian

FOODS : Honey, Elderberries, Fresh Herbs

OTHERS : Mead, Grasses, Sun Symbols

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